



# ALLERGY SHEET

	DAIRY	EGG	GLUTEN	SOY	NUTS	ONION	GARLIC
<b>BURGERS</b>							
BARE BETTY	x	x		x		x	x
BETTY'S CLASSIC	x	x	x	x		x	x
BETTY'S CLASSIC STACK	x	x	x	x		x	x
CRISPY CHICKEN	x	x	x	x		x	x
CHICKEN SUPREME	x	x	x	x		x	x
SHROOM BURGER	x	x	x	x		x	x
KIDS BEEF	x	x	x	x		x	
PORK BELLY	x	x	x	x		x	x
BETTY'S DOUBLE	x	x	x	x		x	x
SPICY CHICKEN	x	x	x	x		x	x
BETTY'S DELUXE	x	x	x	x		x	x
KITCHEN'S BURGER	x	x	x	x		x	x
VEGAN BURGER						x	x
BURGER BUN	x	x	x				
GF BUN				x			
<b>EXTRAS</b>							
BACON							
BEEF PATTY							
GRILLED CHICKEN		x					x
ONION RINGS	x	x	x	x		x	
CRISPY CHICKEN		x	x	x		x	x
SHROOM PATTY	x	x	x	x		x	x
CRISPY PORK				x			
FRENCH FRIES				x			
<b>SAUCES</b>							
BETTY'S SAUCE		x		x			x
GARLIC MAYO		x		x			x
SRIRACHA MAYO		x		x			x
SRIRACHA SAUCE							x
FRENCH'S MUSTARD				x			x
TOMATO SAUCE						x	x
BBQ SAUCE							x
<b>SALAD</b>							
BETTY'S GARDEN SALAD						x	
RED WINE DRESSING							
<b>CONCRETE RECIPES</b>							
COOKIE BUTTER	x	x	x	x			
CHOCOLATE HAZELNUT DONUT	x	x	x		x		
LEMON RASPBERRY CHEESECAKE	x	x	x	x	x		
PEANUT BUTTER BRITTLE	x	x	x	x	x		
ALMOND TOFFEE MARSHMALLOW	x	x	x	x	x		

	DAIRY	EGG	GLUTEN	SOY	NUTS	ONION	GARLIC
<b>CONCRETE RECIPES</b>							
COOKIE BUTTER	x	x	x	x			
CHOCOLATE HAZELNUT DONUT	x	x	x		x		
LEMON RASPBERRY CHEESECAKE	x	x	x	x	x		
PEANUT BUTTER BRITTLE	x	x	x	x	x		
ALMOND TOFFEE MARSHMALLOW	x	x	x	x	x		
<b>MIX INS</b>							
ALMOND TOFFEE	x	x		x	x		
BISCOFF COOKIES	x		x	x			
COOKIE BUTTER	x		x	x			
COOKIE DOUGH	x	x	x				
CUSTARD - CHOCOLATE	x	x					
CUSTARD - VANILLA	x	x					
CRUMBLE	x		x	x			
HAZELNUT CRUMBLE	x		x		x		
GLAZED DONUT	x	x	x	x			
LEMON CURD	x	x					
MALTESERS	x	x	x	x			
MARSHMALLOW SAUCE		x		x			
M&M'S	x		x		x		
NY CHEESECAKE	x	x	x		x		
NUTELLA	x			x	x		
COOKIE BUTTER	x		x	x			
PEANUT BRITTLE	x		x	x	x		
PEANUT BUTTER CUPS	x			x	x		
PEANUT BUTTER SAUCE	x	x	x		x		
RASPBERRIES							
SALTED CARAMEL SAUCE	x						
SALTED PEANUTS					x		
STRAWBERRY SAUCE				x			
CARAMEL SAUCE				x			
WHIPPED CREAM	x						
<b>THICK SHAKES</b>							
CARAMEL	x	x		x			
CHOCOLATE	x	x					
VANILLA	x	x					
STRAWBERRY	x	x		x			
CHOCOLATE PEANUT BUTTER	x	x			x		